

## **Report of Activities 2017-2020**

#### Executive Board - 2017-2020

Chair: Alexander Moreira-Almeida (Brazil)

Co-Chair: Avdesh Sharma (India)

Secretary: Bernard Janse van Rensburg (South Africa)

Committee Members

Alan Fung (Canada)

Arjan Braam (Netherlands)

Hussien Elkholy (Egypt)

Simon Dein (UK)

Valerie DeMarinis (Sweden)

### 1) Translations of the WPA Position Statement on Spirituality and Religion in Psychiatry

In addition to the original <u>English version</u>, the Position Statement is already available in <u>Portuguese</u>, <u>Spanish</u>, <u>French</u>, <u>Dutch</u> and <u>Arabic</u>. A version in Chinese will be released soon.

### 2) Section sessions organized at WPA conferences

2017 World Congress of Psychiatry - Berlin

Section organized the 3rd Global Meeting in Spirituality and Mental Health that involved 15 activities (including 3 intersectional symposia) and speakers from 13 countries: Austria, Brazil, Canada, Egypt, Germany, India, Morocco, Netherlands, Norway, South Africa, Sweden, UK, and USA. Full report <a href="https://example.com/here">here</a>.

2019 World Congress of Psychiatry - Lisbon

Sympoisum presentation WPA Position Statement in Religion, Spirituality and Psychiatry: practical implications.

2019 International Congress in Spirituality and Psychiatry - 4th Global Meeting in Spirituality and Mental Health – Jerusalem

A stand-alone WPA Co-sponsored Congress in Jerusalem organized by the Section, which attracted 348 delegates from 35 countries, including 24 invited speakers. More than 40 posters presentations and 20 oral sessions. Full report <a href="https://example.com/here">here</a>.

#### 3) Activities in collaboration with other Sections

2017 World Congress of Psychiatry - Berlin -

Three intersectional, in partnership with the Sections of Positive Psychiatry, Preventive Psychiatry, and Transcultural Psychiatry.

## 3) Activities in collaboration with member societies

2017 Brazilian Congress of Psychiatry, São Paulo, Brazil: 3 sessions and 1 course

2018 APA Annual Meeting, New York, USA. 2 sessions, including one entitled "WPA Position Statement in Religion, Spirituality, and Psychiatry: Practical Implications"

2018 Brazilian Congress of Psychiatry, Brasília, Brazil: 4 sessions and 1 course

2019 Brazilian Congress of Psychiatry, Rio de Janeiro, Brazil: 5 sessions and 2 courses

2020 Brazilian Congress of Psychiatry, Porto Alegre, Brazil: 3 sessions and 1 course

2020 Proposal submission of a symposium and a plenary lecture for the Congress of the Latin American Psychiatric Association (APAL)

# Publications by Sections or Section members (Papers, books, monographs) Papers:

- Oliveira e Oliveira, F H. A.; Peteet, J.; Moreira-Almeida, A. Religiosity and Spirituality in Psychiatric Residency Programs: Why, What and How to Teach? Brazilian Journal of Psychiatry, in press.
- Halbreich U, Schulze T, Botbol M, Javed A, Kallivayalil RA, Ghuloum S, Baron D, Moreira Almeida A, Musalek M, Fung WLA, Sharma A, Tasman A, Christodoulou N, Kasper S, Ivbijaro G. Partnerships for interdisciplinary collaborative global wellbeing. Asia Pac Psychiatry. 2019;11(2):e12366. doi:10.1111/appy.12366
- Moreira-Almeida A, Sharma A, Van Rensburg BJ, Verhagen PJ, Cook CCH. WPA
   Position Statement on Spirituality and Religion in Psychiatry. Actas Esp Psiquiatr.
   2018;46(6):242-248.
- Moreira-Almeida A, Sharma A, Van Rensburg BJ, Verhagen PJ, Cook CCH. WPA Position Statement on Spirituality and Religion in Psychiatry. Revista Debates em Psiquiatria, v. 8, p. 6-8.

## Special Journal Issues

• Special issue "Spirituality and Health: practical applications" at HU Revista, v. 44, issue 4, 2018.

#### Books

- Moreira-Almeida, A.; Mosqueiro, BP and Bhugra, D. Spirituality and Mental Health Across Cultures. Evidence-Based Implications for Clinical Practice. Oxford University Press. In press.
- Peteet, J; Dell M; Fung, WAL. Ethical Considerations at the Intersection of Psychiatry and Religion, edited by. New York: Oxford University Press. 2018.

## **Book chapters**

- Mosqueiro, BP.; Pinto, AR.; Moreira-Almeida, A. Spirituality, religion, and mood disorders. In: David H. Rosmarin, Harold G Koenig. (Org.). Handbook of Spirituality, Religion, and Mental Health. 2ed: Elsevier, p. 1-25. 2020
- Rezende-Pinto, A; Schumann, CSC; Moreira-Almeida, A. Spirituality, Religiousness and Mental Health: Scientific Evidence. In: Lucchetti, Giancarlo, Prieto Peres, Mario Fernando, Damiano, Rodolfo Furlan. (Org.). Religion, Spirituality and Health: A Social Scientific Approach. Springer, p. 69-86. 2019

### Section's Journal (s) / websites

Remodeling of Section's website: <a href="http://religionandpsychiatry.org/">http://religionandpsychiatry.org/</a>

Psyche and Spirit: Newsletter of the WPA Section: two issues in 2020 here

## **Contact all national psychiatric associations**

Informing about the Section and asking contact of potentially interested psychiatrists: 37 countries answered. Report will be published. Activity coordinated by Chris Cook.



# Action Plan for 2017-2020 WPA Section on Religion, Spirituality and Psychiatry

- 1- Expand Section's international profile Alan Fung, Avdesh Sharma, Bernard van Rensburg, Bruno Mosqueiro and Chris Cook
  - a. Contact all national psychiatric associations, informing about the Section, the Position Statement and asking contact of potentially interested psychiatrists
  - b. Collaboration with R/S sections of national psychiatric associations (e.g.: Brazil, Germany, India, South Africa, USA, UK)
- 2- Improve Section's website Alexander Moreira-Almeida, Annahy Fonseca
  - a. Frequent updates
  - b. Connect with WPA and national associations' websites
- 3- Improve the content and circulation of the newsletter Psyche & Spirit –Alan Fung, Arjan Braam, Bruno Mosqueiro, Peter Verhagen.
- 4- Organizing conferences, symposia and workshops (including joint activities with other WPA's Sections) in national and international psychiatric conferences, especially at Alexander Moreira-Almeida, Avdesh Sharma, Bernard van Rensburg, Alan Fung
  - a. American Psychiatric Association Annual Convention (New York, USA, May 2018)
  - b. Brazilian Congress of Psychiatry (Brasilia, Brazil, Oct, 2018).
  - c. 18th WPA World Congress of Psychiatry (place TBA): to be confirmed
  - d. Global Meeting at an American Psychiatric Association Annual Convention: to be confirmed
- 5- Translation and dissemination (including videos) of the WPA Position Statement on Spirituality and Religion in Psychiatry Alexander Moreira-Almeida, Avdesh Sharma
- 6- Dissemination of information on R/S and mental health all members
  - a. Publication of papers in academic and lay media
  - b. Videos
  - c. Programs for general public (audio/video/print) for combining spirituality in daily life/mental health.
- 7- Preparation of guidelines for Avdesh Sharma, Alan Fung, Alexander Moreira-Almeida, Hussien Elkholy
  - a. Clinical implications of spirituality
  - b. Including R/S in medical schools and psychiatry residences
  - c. Interprofessional Collaborations between Spiritual Care and Mental Health Professionals
  - d. Principles of good practice for general population for incorporating principles of positive psychiatry and spirituality for improving health in general and mental health in particular.